



Barrett Plastic Surgery Pre-Operative Instruction Checklist

- No smoking three weeks before and after surgery.
- No aspirin and/or aspirin containing products two weeks before and two weeks after the surgery (see attached list of medications to avoid)
- Do not take anything by mouth after midnight the night before surgery. If you are instructed to take any medications, you may do so with a small sip. You may brush your teeth in the morning but do not drink any water.
- Have pre-operative laboratory tests completed and results faxed to our office prior to your surgery
- Fill prescription and bring all of your medications that you need to take after the surgery with you to the Surgery Center.
- Look in your email for paperwork from the Surgery Center

On the Day of Surgery

- Be on time. Patients more than 15 minutes late for surgery will be charged \$500.
- Wash your face, hair and the body in the morning of your surgery before coming to the office, with antibacterial soap.
- Do not wear makeup
- Wear comfortable clothing and shoes. No high heels- Underwear and Socks recommended. Hoodie or Zip up recommended for easy dressing.
- Do not wear jewelry or contact lenses
- **It is absolutely necessary for patients to have a ride home for the date of the procedure. This should be a family member or friend. *Please do not use a service such as an Uber, Lyft, Taxi or Limo.* Please ask us if you need help arranging transportation or a caregiver.**
- Please read the attached list of medications that are to be avoided 2 weeks prior to the surgery.



TO OUR PATIENTS: IF YOU ARE PLANNING SURGERY, IT IS VERY IMPORTANT THAT YOU AVOID ANY PILL CONTAINING ASPIRIN OR

IBUPROFEN (ADVIL) FOR AT LEAST 1-2 WEEKS BEFORE YOUR SURGERY. THESE DRUGS CAN CAUSE BLEEDING IN SOME OF OUR PATIENTS. THERE ARE MANY DRUGS CONTAINING ASPIRIN. PLEASE REFER TO THE ENCLOSED LIST TO SEE IF YOU ARE TAKING ANY OF THESE MEDICATIONS. IF THERE IS ANY QUESTION ABOUT ANY MEDICATION YOU ARE TAKING, PLEASE CHECK WITH YOUR PHARMACIST TO BE SURE IT DOES NOT CONTAIN ASPIRIN OR IBUPROFEN.

ACTRON ACULAR (OPHTHALMIC) ADVIL PRODUCTS
ALEVE ANAPROX PRODUCTS ANSAID
CATAFLAM CLINORIL DAYPRO
DICLOFENAC DIMETRAPP SINUS DRISTAN SINUS
ETODOLAC FELDENE FENOPROFEN
FLUBRIPROFEN GENPRIL HALTRAN
IBU IBUPRIN IBUPROFEN
INDOMETHACIN PRODUCTS KETOPROFEN KETOROLAC
LODINE MECLORENAMATE MECLOMEN
MEFENAMIC ACID MEDADOL MIDOL PRODUCTS
MOTRIN PRODUCTS NABUMETONE NALFON PRODUCTS
NAPRELAN NAPROSYN PRODUCTS NAPROX X
NAPROXEN NUPRIN OCUFEN (OPHTHALMIC)
ORUDIS PRODUCTS ORUVAIL OXAPROZIN
PIROXICAM PONSTEL PROFENSAL
RELAFEN RHINOCAPS SINE-AID PRODUCTS
SULINDAC SUPROFEN TOLECTRIN PRODUCTS
TOLMETIN TORADOL VOLTAREN
CELEBREX VIOXX
ADAPIN ANITRIPTYLINE AMOXAPINE
ANAFRANIL ASENDIN AVENTYL
CLOMIPRAMINE DESIPRAMINE DOXEPIN
ELAVIL ENDEP ETRAFON PRODUCTS
IMIPRAMINE JANIMINE LIMBITROL PRODUCTS
LUDIOMIL MAPROTILINE NORPRAMIN
PROTRIPYLINE PAMELOR PERTOFRANE
TOFRANIL SINEQUAN SURMONTIL
VIVACTIL TRIAVIL TRIMIPRAMINE
GINKGO BILOBA GINSENG ST. JOHN 'S WORT
FEVERFEW GINGER
VALERIAN KAVA KAVA
4-WAY COLD TABLETS 5-AMINOSALICYLIC ACID ACETYLSALICYLIC ACID
ASPIRIN-B PRODUCTS ALKA-SELTZER PRODUCTS AMIGESIC
ANACIN PRODUCTS ANEXSIA W/CODEINE ARGESIC-SA
ARTHRA-G ARTHRITEN PRODUCTS ARTHRITIS-SA
ARTHRITIS PAIN FORMULA ARTHRITIS STRENGTH PC ARTHRITIS FOUNDATION

ASA ASACOL ARTHROPAN
AZDONE AZULFIDINE PRODUCTS AXOTAL
BACKACHE MAXIMUM STRENGTH BUFFERED ASPIRIN B-A- C
BISMATROL PRODUCTS BUFFEX BC POWDER
BUFFETT'S II CAMA ARTHRITIS PN RELIEF BUFFERING PRODUCTS
BUTALBITAL COMPOUND CHOLINE MAGNESIUM BUTAL/ASA/CAFF
CHERACOL DRAVON COMPOUND-65 CARISOPRODOL

DAMASON-P DISALCID CHOLINE SALICYLATE
DIPENTUM DRISTAN DAVON/ASA
DOLOBID ECOTRIN PRODUCTS DOAN'S PRODUCTS
EASPRIN EXCEDRIN PRODUCTS FLORGNE PF
EQUAGESIC GELPIRIN GENPRIN
FIORNAL PRODUCTS GOODYS EXTRA STRENGTH HALFPRIN PRODUCTS
GENSAN KAODENE LANORINAL
ISOLLYL IMPROVED MAGAN MAGNAPRIN PRODUCTS
LORTAB ASA MAGSAI MARNAL
MAGNESIUM SALICYLATE MEPROBAMATE MESALAMINE
MARTHRTIC MIRAININ MOBIDIN
METHOCARBAMOL MOMENTUM MONO-GESIC
MEBOGESIC NORGESIC PRODUCTS NORWICH PRODUCTS
NIGHT-TIME EFFERVESCENT COLD ORPHENGESIC PRODUCTS OXYCODONE
OLSALAZINE PENTASA PAIN RELIEVER TABS
P-A- C PHENAPHEN/CODEINE #3 PEPTO-BISMOL
PANASAL ROBAXISAL PINK BISMUTH
PERCODAN PRODUCTS SALETO PRODUCTS ROWASA
PROPOXYPHENE COMPOUND SALSALATE SALFLEX
ROXIPRIN SINE-OF SALSITAB
SALICYLATE PRODUCTS SODOL COMPOUND SINUTAB
PROPOXYPHENE COMPOUND SULFASALAZINE SOMA COMPOUND
ROXIPRIN SYNALGOS-DC SUPAC
SALICYLATE PRODUCTS TRICOSAL TALWIN
SCOT-TUSSIN ORIGINAL 5-ACTIOJN TUSSIREX PRODUCTS TRILISATE
SODIUM SALICYLATE WESPRIN URSINUS-INLAY
ST. JOSEPH ASPIRIN WILLOW BARK PRODUCTS
SUPRAX
TRIAMINICIN
TUSSNIL DH